

नवग्रह निवारण

A YATRA FOR PLANETARY REMEDIATION

Navagraha Nivaran

Change your personal cosmology

29 November – 8 December 2026 · Tamil Nadu, India · Eight participants



The nine grahas, garlanded at dawn. Thanjavur–Kumbakonam region, Tamil Nadu.

I यात्रा THE JOURNEY

About This Journey

A ten-day pilgrimage that bridges the ancient wisdom of Vedic astrology with the sacred art of yantra creation, a rare opportunity to work directly with planetary energies at their most potent source: the legendary Navagraha temples of Tamil Nadu.

This is not merely a temple tour; it is a profound spiritual intervention designed for those seeking genuine astrological remediation (*upaya*) and karmic transformation. Under the guidance of a renowned Vedic astrologer and the celebrated sacred artist Mavis Gewant, participants journey through nine ancient temples, each dedicated to a specific planetary deity, with particular attention to the shadow planets Rahu and Ketu, and the great taskmaster Shani (Saturn).

- Personalised astrological chart preparation and analysis
- Sacred temple visits with traditional pujas performed by temple priests
- Hands-on instruction in yantra painting and consecration
- Daily spiritual practices and planetary remediation techniques
- Immersion in Tamil temple culture and tradition

II उपाय REMEDY

Why Navagraha Upayas

The practice of seeking planetary remedies at sacred temples has been integral to Vedic spiritual practice for millennia. The Navagraha temples of Tamil Nadu hold a particularly revered position in this tradition, some dating back more than three thousand years. References to Vaitheeswaran Kovil, for instance, appear in Valmiki's *Ramayana*.

According to sacred legend, the great sage Kalava suffered from serious ailments, including leprosy. In his devotion he prayed intensely to the Navagrahas — the nine planetary deities. The planets were pleased by his sincerity and offered him a complete cure. This foundational story established the precedent that the planetary deities, properly propitiated, possess the power to alleviate human suffering and transform karmic patterns.



Each graha is draped in its own colour: the planets dressed for worship.

III ग्रह THE NINE PLANETS

Why People Seek Upayas

In Vedic astrology the planets are understood not merely as celestial bodies but as conscious cosmic forces that influence human consciousness and destiny. Each of the nine grahas — Surya, Chandra, Mangala, Budha, Guru, Shukra, Shani, Rahu and Ketu — governs specific aspects of life and consciousness.

When planets occupy challenging positions in one's birth chart, or undergo difficult transits, they can create obstacles, delays, confusion, ill health, relationship difficulty and professional setback. These challenges are understood as karmic lessons, invitations to growth, but they may nevertheless cause genuine suffering.

Upayas are prescribed actions designed to harmonise one's relationship with planetary energies:

- Mantra recitation specific to each planet
- Charitable acts performed on specific days
- Temple visits and ritual worship (puja)
- Gemstones aligned with beneficial planets
- Fasting and dietary observance
- Creation of, and meditation upon, yantras

Of all remedial measures, direct worship at temples consecrated to the planetary deities is considered the most powerful: these sites are energetic portals, where the veil between the human and the cosmic grows thin.

IV नवग्रहस्थलम् THE NINE TEMPLES

The Potency of Tamil Nadu's Navagraha Temples

The nine Navagraha temples scattered across the Thanjavur–Kumbakonam region are renowned throughout India as the most potent sites for planetary remediation. Because they are geographically clustered, they are traditionally visited as a continuous circuit, harmonising all planetary influences at once.

GRAHA	NAVAGRAHASTALAM	TEMPLE TOWN
सूर्य	Surya	Sooriyanar Kovil
चन्द्र	Chandra	Thingaloor
अङ्गारक	Angaarakan	Vaitheeswaran Kovil
बुध	Budha	Thiruvenkadu
गुरु	Guru	Alangudi
शुक्र	Sukra	Kanjanur
शनि	Shani	Thirunallar
राहु	Raahu	Thirunageswaram
केतु	Ketu	Keezhperumpallam

What makes them potent

Ancient consecration	Built during the medieval Chola reign, 7th–11th centuries. Centuries of continuous ritual have accumulated immense spiritual charge.
Architectural precision	Classical Dravidian design with five-tiered rajagopurams, and astronomical alignments that amplify planetary vibration.
Primary deity worship	Unlike most temples, the grahas themselves are the presiding deities — uniquely responsive to planetary remediation.
Geographical clustering	A compact circuit, allowing pilgrims to visit all nine systematically for comprehensive planetary balancing.
Living ritual tradition	Pujaris maintain unbroken lineages, using precise Agamic protocols, materials and timings to target planetary affliction.

For astrologers worldwide, a pilgrimage to these temples represents the gold standard of planetary remediation. While this retreat honours all nine deities, we give special attention to the three planets most associated with karmic challenge and spiritual evolution: Rahu, Ketu and Shani.



Offerings laid for the nine grabas: nine cloths, nine grains, nine lamps.

V संकल्प RESOLVE

Your Cosmic Transformation Awaits

The ancient sages understood what modern seekers are rediscovering: we are not victims of cosmic forces but conscious participants in our own unfoldment. The planets in our charts represent not fixed fate but a dialogue between karma and consciousness.

This retreat offers a rare convergence of authentic astrological wisdom, sacred art practice and direct energetic work at India's most potent planetary temples. Under the guidance of the astrologer and Mavis Gewant, you will learn to read the cosmic signatures in your chart, work with yantra as a tool for ongoing practice, and interface directly with the planetary deities through traditional temple worship.

Whether you are labouring under a difficult Saturn transit, confused by Rahu's illusions, unmoored by Ketu's detachment, or simply seeking to harmonise your relationship with cosmic forces, this pilgrimage offers genuine remediation and spiritual evolution. The Navagraha temples have witnessed millions of pilgrims across the centuries, each seeking to reshape their personal cosmos. Now it is your turn.

While we cannot always change our circumstances, we can transform our consciousness, and in doing so we reshape destiny itself.

VI गुरु YOUR TEACHERS

Those Who Carry the Lineages

The Astrologer · Jyotiṣī

The yatra is co-led by a practising Vedic astrologer who prepares each participant's chart personally, guides the group analysis sessions, and prescribes the remedial measures (*upayas*) carried out at each temple. Full details of the astrologer accompanying this departure will be announced in advance of the journey.



Mavis Gewant · Yantra Teacher & Senior Faculty



Mavis Gewant, MA, CD, CLC — sacred artist, labour and postpartum doula, birth educator — is a devoted teacher whose life's work flows at the intersection of art, spirituality and the sacred cycles of birth. For over thirty years she has shared her gifts as a painter and educator in the Harish Johari tradition, illuminating the connection between creativity and the divine.

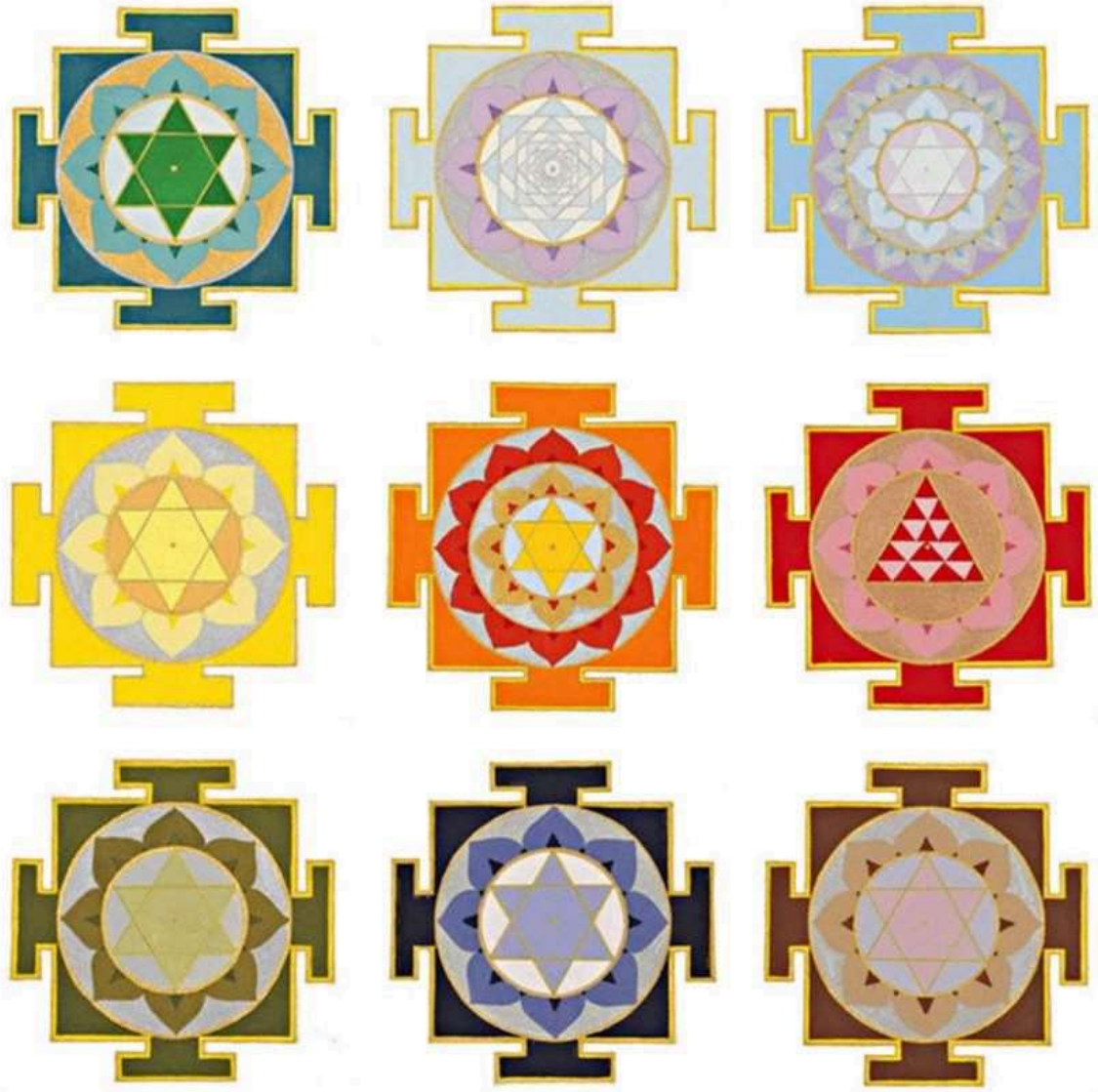
As a senior faculty member with Mystic Art Retreats, Mavis is a beloved guide for students around the world. Each year she leads a Sacred Painting

Workshop in India, where participants are invited into stillness, devotion and self-discovery through sacred art. Her presence is gentle and steady, a sanctuary of compassion, as she holds space for her students with profound patience and care.

In her early twenties, destiny led her to meet Harish Johari, with whom she apprenticed for twenty transformative years. Under his guidance she learned to paint yantras, mandalas and deity forms — sacred geometric expressions of divine energy. A master of the Harish Johari wash technique, she layers watercolour and gouache into luminous images that resonate with devotion and balance. Her artwork is held in private collections around the world and graces several publications, including *The Planet Meditation Kit* by Harish Johari, *The Labyrinth of Birth* by Pam England and *The Practice of Nada Yoga* by Baird Hersey. In 2016 she released her *Planet Mandala Coloring Book for Adults*.

Believing pregnancy, birth and the postpartum journey to be sacred gateways, Mavis earned her Master's in Pre & Perinatal Psychology from the Santa Barbara Graduate Institute, and has guided birth healing circles for more than a decade. Her most recent journey with Mystic Art Retreats, *Heart of Hanuman*, led

participants through powerful temples of India, where they created the Hanuman Yantra: art as prayer, love and devotion in motion.



यन्त्र · The nine planetary yantras: each participant paints and consecrates their own.

VII व्यवस्था PRACTICAL MATTERS

Fees & Practical Information

USD 2,500 single occupancy · payable in instalments

Programme Inclusions

- Nine nights' accommodation in four-star plus or best available hotels, single occupancy
- All meals from lunch on Day 1 through breakfast on Day 10, with bottled water daily
- Private air-conditioned coach for all group transport, and airport transfers on arrival in Chennai
- All temple entrance fees and puja ceremony costs
- Personalised astrological chart and consultations with the astrologer
- Group chart analysis sessions and teachings
- All yantra painting materials and instruction by Mavis Gewant
- Temple blessing ceremony for completed yantras
- English-speaking guides and temple protocol assistance

Not Included

- International airfare to and from Chennai
- Personal expenses and shopping
- Temple offerings or personal pujas beyond group ceremonies
- Travel insurance (strongly recommended)
- Tips for guides, drivers and hotel staff

REGISTRATION & ENQUIRIES

This retreat is limited to eight participants, to ensure intimate group dynamics and personalised attention from both the astrologer and Mavis.

Mukul Purohit

Executive Producer & Chief Executive · Mystic Art Retreats LLP, Gurgaon

+91 98101 15366

mp@mysticart.org

On a Mystic Art Retreats tour every detail is taken care of, so you may relax and truly experience each moment. Airfare to India (and to Chennai for domestic participants) is not included; please contact your travel agency or the airline directly for arrangements.

VIII अनुभव IN THEIR WORDS

From Past Travellers

“It was an amazing experience, and I will cherish our adventure into this mystical and magical country. One of the highlights was the company — beautiful like-minded women from around the globe. I would love to see everyone on another retreat.”

A. F.

“It has been said one never steps in the same river twice. Having made this crossing, I have come away with so much that will resonate for a very long time.”

M. K.

“One part spiritual, one part artistic, the retreat had a profound impact on my spiritual path as well as the reclamation of myself as a creative person.”

S. A.

IX ऋतु SEASON

Weather & What to Expect

Late November through early December is the ideal season for Tamil Nadu. The intense summer heat is well past, and pleasant winter conditions prevail.

DAYTIME HIGHS	EVENING LOWS
28–30°C (82–86°F)	20–22°C (68–72°F)

The weather is generally dry and comfortable, though Tamil Nadu receives its primary rainfall from the north-east monsoon between October and December. By late November the heaviest rains have typically subsided, but occasional light showers remain possible. Humidity is moderate, and temperatures are well suited to extensive temple visiting.

Come for the temples. Leave startled into knowing.

ॐ नवग्रहाय नमः